



Hidden Health Dangers



PROTECT & PREVENT



GERMS

KUTZTOWN

Places where Germs Hideout



9,838

MICROORGANISMS



GERM HANGOUTS!



STOP THE SPREAD



did you know...

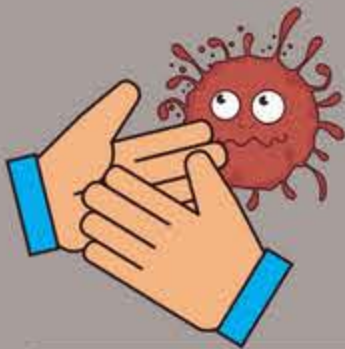
KNOW THE FACTS



DRINKING FOUNTAIN

2,335

MICROORGANISMS



Hand Washing is KEY!

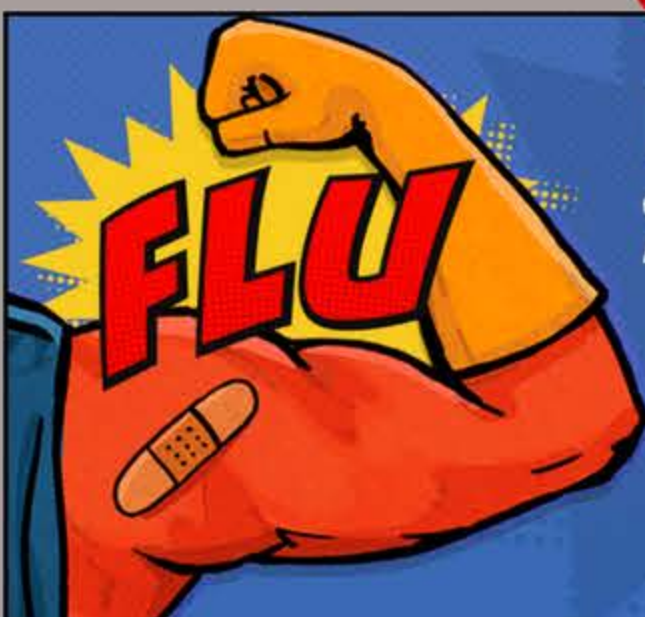


GET VACCINATED



- Each year, more than 164 million school days are lost due to illness, and that number could be greatly reduced by following proper hand washing procedures.
- According to the CDC, the single most important thing we can do to keep from getting sick and spreading illness is to wash our hands.

SMALL steps = **BIG** changes!!



FLU Q&A

Q: Where can I get a flu shot?

A: Flu vaccines are offered at many locations, including:

- Doctor's offices
- Health Departments
- Pharmacies
- Clinics
- Some schools and workplaces

#FIGHT FLU

www.cdc.gov/FightFlu